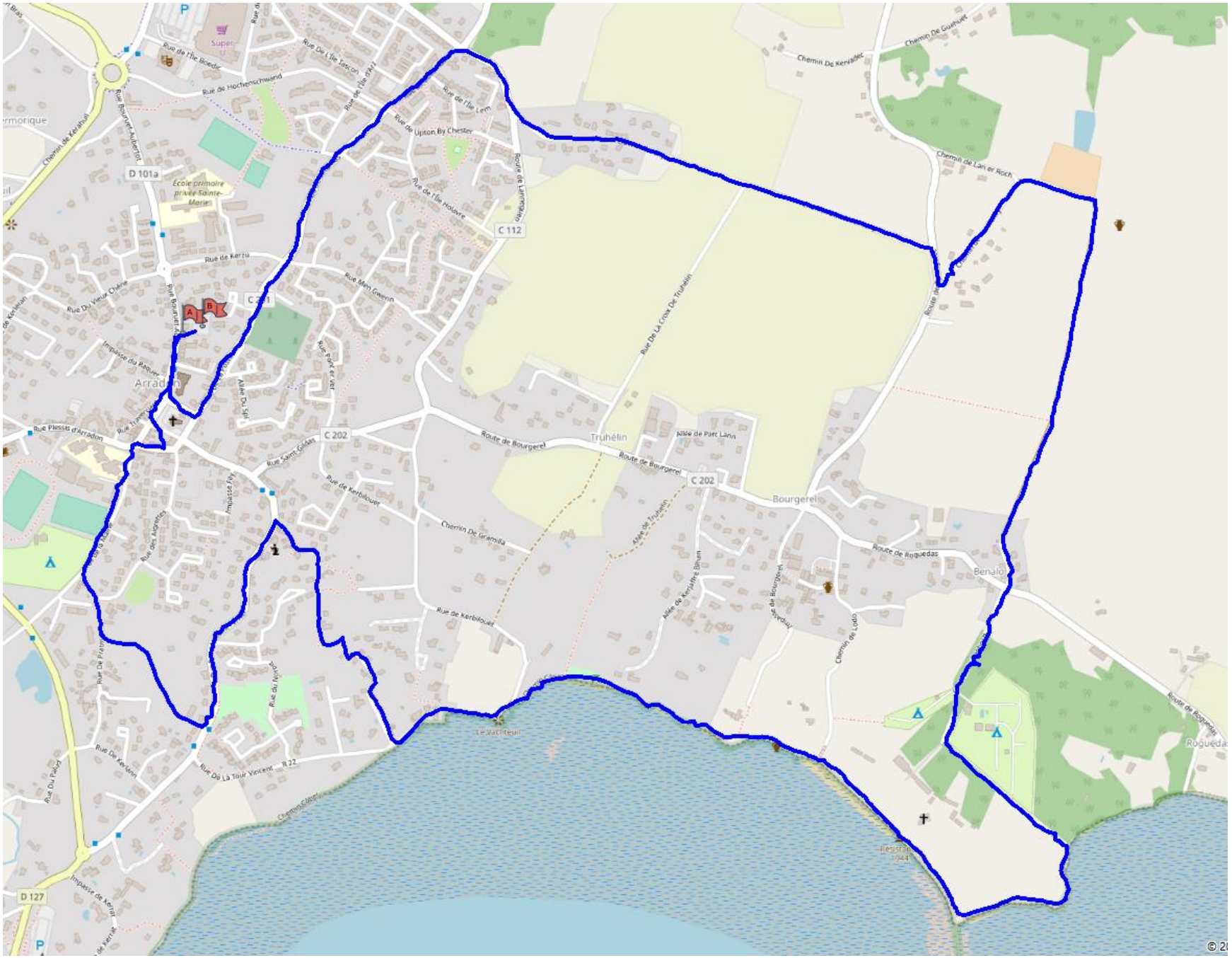Arradon - Penboch : 8,2 km